

St Michael's Catholic Primary School RSHE Curriculum Overview

Year Group	Autumn Term	Spring Term	Summer Term
EYFS	<p>EYFS, Module 1, Unit 1: Story Sessions: <i>Handmade With Love</i></p> <p>EYFS, Module 1, Unit 2: Session 1: <i>I Am Me</i> Session 2: <i>Heads, Shoulders, Knees and Toes</i> Session 3: <i>Ready Teddy?</i></p>	<p>EYFS, Module 1, Unit 3: Session 1: <i>I Like, You Like, We All Like!</i> Session 2: <i>Good Feelings, Bad Feelings</i> Session 3: <i>Let's Get Real</i></p> <p>EYFS, Module 1, Unit 4: Session 1: <i>Growing Up</i></p> <p>EYFS Module 2, Unit 1: Session 1: <i>Role Model</i></p> <p>EYFS, Module 2, Unit 2: Session 1: <i>Who's Who?</i> Session 2: <i>You've Got A Friend in Me</i> Session 3: <i>Forever Friends</i></p>	<p>EYFS, Module 2, Unit 3: Session 1: <i>Safe Inside and Out</i> Session 2: <i>My Body, My Rules</i> Session 3: <i>Feeling Poorly</i> Session 4: <i>People Who Help Us</i></p> <p>EYFS, Module 3, Unit 1: Session 1: <i>God is Love</i> Session 2: <i>Loving God, Loving Others</i></p> <p>EYFS, Module 3, Unit 2: Session 1: <i>Me, You, Us</i></p>
1 and 2	<p>KS1, Module 1, Unit 1: Story Sessions: <i>Let the Children Come</i></p> <p>KS1, Module 1, Unit 2: Session 1: <i>I Am Unique</i> Session 2: <i>Girls and Boys</i> Session 3&4: <i>Clean and Healthy (My Body)</i></p>	<p>KS1 Module 1, Unit 3: Session 1: <i>Feelings, Likes and Dislikes</i> Session 2: <i>Feeling Inside Out</i> Session 3: <i>Super Susie Gets Angry</i></p> <p>KS1 Module 1 Unit 4: Session 1: <i>The Cycle of Life</i></p> <p>KS1, Module 2, Unit 1: Session 1: <i>God Loves You</i></p> <p>KS1, Module 2,</p>	<p>KS1, Module 2, Unit 3: Session 1: <i>Being Safe</i> Session 2: <i>Good and Bad Secrets</i> Session 3: <i>Physical Contact</i> Session 4: <i>Harmful Substances</i> Session 5: <i>Can You Help Me? (Part 1)</i> Session 6: <i>Can You Help Me? (Part 2)</i></p> <p>KS1, Module 3, Unit 1: Session 1: <i>Three In One</i> Session 2: <i>Who is My Neighbour?</i></p> <p>KS1, Module 3,</p>

		<p>Unit 2: Session 1: Special People Session 2: Treat Others Well... Session 3: ...and Say Sorry</p>	<p>Unit 2: Session 1: The Communities We Live In</p>
3	<p>LKS2 Module 1, Unit 1: Story Sessions: Get Up! Session 2: The Sacraments</p> <p>LKS2 Module 1, Unit 2: Session 1: We Don't Have to be the Same Session 2: Respecting our Bodies</p>	<p>LKS2 Module 1, Unit 3: Session 1: What Am I Feeling? Session 2: What Am I Looking At? Session 3: I Am Thankful</p> <p>LKS2 Module 1, Unit 4: Session 1: Life Cycles</p> <p>LKS2 Module 2, Unit 1: Story Sessions: Jesus, My Friend</p> <p>LKS2 Module 2, Unit 2: Session 1: Friends, Family and Others... Session 2: When Things Feel Bad</p>	<p>LKS2 Module 2, Unit 3: Session 1: Sharing Online Session 2: Chatting Online Session 3: Safe In My Body Session 4: Drugs, Alcohol and Tobacco Session 5: First Aid Heroes</p> <p>LKS2 Module 3, Unit 1: Session 1: A Community of Love Session 2: What is the Church?</p> <p>LKS2 Module 3, Unit 2: Session 1: How Do I Love Others?</p>
Year 4/5	<p>LKS2 Module 1, Unit 1: Story Sessions: Get Up! Session 2: The Sacraments</p> <p>LKS2 Module 1, Unit 2: Session 1: We Don't Have to be the Same Session 2: Respecting our Bodies Session 3: What is Puberty? Session 4: Changing Bodies</p>	<p>LKS2 Module 1, Unit 3: Session 1: What Am I Feeling? Session 2: What Am I Looking At? Session 3: I Am Thankful</p> <p>LKS2 Module 1, Unit 4: Session 1: Life Cycles</p> <p>LKS2 Module 2, Unit 1: Story Sessions: Jesus, My Friend</p> <p>LKS2 Module 2, Unit 2: Session 1: Friends, Family and Others... Session 2: When Things Feel Bad</p>	<p>LKS2 Module 2, Unit 3: Session 1: Sharing Online Session 2: Chatting Online Session 3: Safe In My Body Session 4: Drugs, Alcohol and Tobacco Session 5: First Aid Heroes</p> <p>LKS2 Module 3, Unit 1: Session 1: A Community of Love Session 2: What is the Church?</p> <p>LKS2 Module 3, Unit 2: Session 1: How Do I Love Others?</p>

<p>Year 6</p>	<p>UKS2 Module 1, Unit 1: Story Sessions: <i>Calming the Storm</i></p> <p>UKS2 Module 1, Unit 2: Session 1: <i>Gifts and Talents</i> Session 2: <i>Girls' Bodies</i> Session 3: <i>Boys' Bodies</i> Session 4: <i>Spots and Sleep</i></p>	<p>UKS2 Module 1, Unit 3: Session 1: <i>Body Image</i> Session 2: <i>Peculiar Feelings</i> Session 3: <i>Emotional Changes</i> Session 4: <i>Seeing Stuff Online</i></p> <p>UKS2 Module 1, Unit 4: Session 1: <i>Making Babies (Part 1)</i> Session 2: <i>Making Babies (Part 2)</i> <i>May be omitted or may be set as a homework task with parents.</i> Session 3: <i>Menstruation</i></p> <p>UKS2 Module 2, Unit 1: Session 1: <i>Is God Calling You?</i></p> <p>UKS2 Module 2, Unit 2: Session 1: <i>Under Pressure</i> Session 2: <i>Do You Want A Piece of Cake?</i> Session 3: <i>Self-Talk</i></p>	<p>UKS2 Module 2, Unit 3: Session 1: <i>Sharing Isn't Always Caring</i> Session 2: <i>Cyberbullying</i> Session 3: <i>Types of Abuse</i> Session 4: <i>Impacted Lifestyles</i> Session 5: <i>Making Good Choices</i> Session 6: <i>Giving Assistance</i></p> <p>UKS2 Module 3, Unit 1: Session 1: <i>The Trinity</i> Session 2: <i>Catholic Social Teaching</i></p> <p>UKS2 Module 3, Unit 2: Session 1: <i>Reaching Out</i></p>
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